How to use:

1. Remove orange protective shield from enema Comfortip® before inserting.

2. With steady pressure, gently insert enema tip into rectum with a slight side-to-side movement, with tip pointing toward navel. Insertion may be easier if person receiving enema bears down, as if having a bowel movement. This helps relax the muscles around the anus.

3. **Do not force the enema tip into rectum as this can cause injury.**

4. Squeeze bottle until nearly all liquid is gone. It is not necessary to empty the bottle completely, as it contains more liquid than needed.

5. Remove Comfortip® from rectum and maintain position until urge to evacuate is strong (usually 2 to 5 minutes)

**Single daily dosage:** Do not use more unless directed by a doctor.

**Adults and children 12 years and over** - one bottle

This product generally produces a bowel movement in 1-5 minutes

Carton sealed for safety. If seal with Fleet emblem on top or bottom flap is broken or missing, do not use.