



Paragon Medical Building Suite 208, St. Thomas, USVI 00802
p. 340-714-1122

OUTPATIENT FLEXSIGMOIDOSCOPY INSTRUCTIONS

BUY TWO FLEET ENEMAS

- Use one the evening before the procedure
- Use one the morning of the procedure

LIQUID DIET DAY BEFORE THE PROCEDURE

- Coffee without cream
- Tea
- Apple juice
- Grape juice
- Clear Broth (such as chicken or beef)
- Jello (except red)
- Sprite
- 7-Up

TWO DULCOLAX TABLETS THE DAY BEFORE THE PROCEDURE

If you have any questions regarding your procedure you may call the Office at 714-1122.